

## Turn Your Tiny Patio Into A Stylish Fitness Studio With This Essential

**A** lot of things happened over the course of the last year that you never could have predicted, like that you've become an expert at bread baking, or that you've actually been able to motivate yourself to work out from home. If the latter describes your proudest pandemic accomplishment, you may have found that creating a space that's designated for your fitness routine is helpful in sticking with your goals — and now that warmer weather is around the corner, having your own outdoor home gym sounds especially dreamy. Not only that, but it's also a great option for anyone who's short on space inside.

### *Outdoor Home Gym: Make It Spa-Like*

It's all in the details, according to Johnston, who suggests a few decorative accessories to make your outdoor gym feel a bit more meditative and inspiring. "Take your fitness space to spa level by adding a decorative table tray to hold your water bottle, towel, and vase of fresh flowers," she suggests. And Brianne Bishop of Brianne Bishop Design says adding candles and

even an outdoor sculpture can also make the space more beautiful and motivating. Another other ideas? A mini fountain could add to the zen environment.